



# Morchard Bishop CofE VA Primary School

## Lunch Menu Autumn Term 2023



W/C 4/9—25/9—16/10—13/11—4/12

W/C 11/9—2/10—30/10—20/11—11/12

W/C 18/9—9/10—6/11—27/11

### Week One

#### Monday

Cheesy Ham Pasta Bake  
Herby Tomato Pasta

#### Served with

Sweetcorn Peas  
Granola Bar

#### Tuesday

Mild Chicken Curry  
Shepardess Pie

#### Served with

Wholegrain Sunshine Rice Broccoli  
Chocolate Swiss Roll

#### Wednesday

Chinns Sausages  
Quorn Sausages

#### Served with

Carrots Peas Roast Potatoes  
Banana Cake & Custard

#### Thursday

Cheese & Tomato Pizza Baguette  
Vegetable Pizza Baguette

#### Served with

Peas Broccoli  
Fruity Jelly

#### Friday

Battered Fish  
Cheese & Vegetable Muffin Slice

#### Served with

Peas Baked Beans Chips Wholemeal Pasta  
Vanilla Cookie

### Week Two

#### Monday

Beef Bolognese Pasta Bake  
Falafels & Homemade Flatbread

#### Served with

Peas Sweetcorn  
Lemon Shortbread

#### Tuesday

Ham & Sweetcorn Pastry topped Pie  
Chickpea & Cauliflower Curry

#### Served with

Wholemeal Rice Potato Wedges Broccoli  
Oat Cookie

#### Wednesday

Roast Chicken & Stuffing  
Mixed Bean Bake

#### Served with

Carrots Cauliflower Roast Potatoes  
Cinnamon Roll Cake & Custard

#### Thursday

Fish Fingers  
Oven Baked Omelette

#### Served with

Broccoli Sweetcorn Herby Diced Potatoes Pasta  
Apple Crumble Cake

#### Friday

Chinns Sausage Rolls  
Cheese & Onion Pasty

#### Served with

Peas Baked Beans Chips Wholemeal Pasta  
Wholemeal Shortbread

### Week Three

#### Monday

Chinns Sausage & Tomato Sauce Pasta  
Popeye Pasta (Spinach & Pea)

#### Served with

Sweetcorn Broccoli  
Apple Flapjack

#### Tuesday

Cottage Pie  
Cheese Wheels

#### Served with

Peas Green Beans  
Marble Cake

#### Wednesday

Roast Gammon  
Cauliflower Cheese

#### Served with

Carrots Cabbage Roast Potatoes  
Apple & Berry Crumble & Custard

#### Thursday

Macaroni Cheese  
Individual Roasted Vegetable Tart

#### Served with

Sweetcorn Wholemeal Pasta Potato Wedges  
Fruity Oat Biscuit Bar

#### Friday

Battered Fish  
Vegetable Patties

#### Served with

Baked Beans Peas Chips Wholemeal Pasta  
Chocolate Cookie

Jacket potatoes available daily with a choice of fillings— Cheese, Baked Beans, Tuna Mayo

Salad Bar, Fresh Fruit and Yogurts available daily

Homemade Seasonal